

## Coaching Client Intake Questionnaire

Please fill out this client intake questionnaire form as completely as possible. If you do not desire to answer any question, merely write, "Do not care to answer." Submit this form to me via email prior to your first session.

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Phone # \_\_\_\_\_ E-mail: \_\_\_\_\_

ETHNIC ORIGIN \_\_\_\_\_ FIRST LANGUAGE \_\_\_\_\_

Please answer the following questions to let me get to know you a bit better:

### PART I: Coaching Expectations

What would you like to receive from coaching?

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What do you expect from me as your coach?

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If you could accomplish one thing through the coaching process what would it be?

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**PART II: Personal**

What brings you the most satisfaction?

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What are your top 5 frustrations at this time?

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What can I say to you when you are stuck to help you move forward?

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Add any other comments or concerns

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**Please bring a copy of this form with you to your coaching session.**