## Client Info Sheet \& Contact Details

Note: The issue of confidentiality is paramount to this relationship. All personal information is held securely in accordance with the appropriate legislation, confidential, and treated appropriately. My understanding is that nothing in this relationship is to be discussed outside of our conversations. There are times when references to others may be helpful; however, I would not ever mention a name or person that would lead someone to infer the discussion was about you as a client.

## Client Information

First name $\qquad$ Last name $\qquad$
Name you like to be called $\qquad$
Address $\qquad$
$\qquad$

Telephone Numbers/Contact Details
$\qquad$
Work
Cell phone $\qquad$
Email/s
Best Contact Method/s (usual) $\qquad$
Best Contact Method/s (short notice) $\qquad$

## Employment Information

Occupation $\qquad$
Employer Name $\qquad$

## Personal Information

Gender $\qquad$ Marital Status $\qquad$
Emergency contact $\qquad$
Preferred coaching schedule: (Day(s) and time) $\qquad$
$\qquad$
Are you seeing a therapist at this time? If yes, briefly describe the reason for seeing a therapist

